



## MEDICAL CLEARANCE GUIDANCE

CTC Academy views the health & safety of your child as our priority. Medical clearances are necessary to ensure a safe return to school. Examples of when CTC Academy requires a medical clearance are:

- After a contagious illness (Flu, Strep Throat, Pink Eye, etc.)
- Absence related to illness greater than 5 days
- Hospitalization
- After an emergency room evaluation, even if child is not admitted to the hospital
- Orthopedic injury or suspected fracture
- Surgery
- Procedures including but not limited to Botox or Alcohol Blocks, oral surgery, extensive dental work, any procedure requiring anesthesia
- If your child is involved in an off campus school bus accident
- Any other health related cause as deemed by the Campus Nurse

Medical clearance is required even if the medical event/procedure occurred on a weekend or school vacation.

The CTC Academy Medical Clearance form may be utilized or your child's health care provider can use their own form or letterhead. Information required for a medical clearance includes:

- Diagnosis of the medical evaluation
- Date student may return to school
- Details of restrictions (or stating no restrictions).
- Date of follow up appointment or end date the restrictions (if applicable)
- Any diagnostic testing and the results of testing (i.e. X-rays, scans, viral/strep testing, etc.)

**Restrictions for activities and therapies:** Physical/occupational/speech/feeding therapy, adaptive physical education, yoga, swim programs are all aspects of our program that require knowledge of restriction in order for your child to participate. If there are no restrictions, it is important to have your health care provider specifically write "no restrictions" on the medical clearance. If there are restrictions, they should be listed and the date of the follow up visit when restrictions will be re-evaluated should be provided.

Significant medical events, such as surgery or prolonged illness will require a parent phone call with Carol Anne Chupak, Head of Health Services to ensure smooth transition back to school. Medical clearance must be submitted prior to your child's return to school. Please email the document to [cchupak@ctcacademy.org](mailto:cchupak@ctcacademy.org) or fax to the Health Offices: Oakland 201- 644-2223/Fair Lawn 201-791- 1504.

The campus nurses are always available to review medical clearance requirements with you. Head of Health Services, Carol Anne Chupak, is also available for any medical questions or consultation at 201-612-5677 x 2410 or email [cchupak@ctcacademy.org](mailto:cchupak@ctcacademy.org).