



Family Handbook

Oakland Campus

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Section One

Program Overview and School Policies and Procedures



Executive Director's Welcome Letter

Dear CTC Parents and Guardians,

Welcome to the CTC Academy family! We are so pleased that you have selected our organization to support your child and family. We will work diligently to provide your child with an appropriate, fun, supportive, and interactive education and an enriched learning environment.

We are proud of the fact that at the CTC Academy we strive to excel in the process of welcoming family members as partners in the educational and therapeutic process. It is vital for parents, teachers, and therapists to communicate effectively and share ideas, thoughts, and concerns. Each member of the team holds a piece of the picture that is the child's development. Each of us can be far more effective when information is freely shared.

We are looking forward to continuing a productive partnership with you, the CTC parents and guardians, to ensure that our students, your children, can achieve their highest individual potential. The entire CTC Academy staff and I feel privileged to be part of this school family and we thank you for your support and partnership. Should you have any ideas, suggestions, or contacts that can help enhance or improve the organization, please share them with your child's teacher, school principal or me.

Sincerely,

Anne Ogden,

Executive Director



Principal's Welcome Letter

Welcome! It is a privilege to serve as Principal of CTC-Oakland and work with such an outstanding staff and special group of students. As I walk through the school, I observe our students interacting with each other, working hard and learning new skills. Each student shares his or her unique gifts and talents which makes CTC-Oakland a dynamic learning community.

Please take some time to review this parent/guardian manual, which contains important information regarding your child's experience at CTC Academy-Oakland. If you would like to discuss any information in this manual or have any questions or concerns, please feel free to email me at crogerino@ctcacademy.org or call at 201-612-5677.

Together...we make great things happen!

Sincerely,

Cara Rogerino, Principal, CTC-Oakland

Our Mission

Enhancing the lives of children and young adults with special needs, and their families, by providing an enriched educational, therapeutic and supportive environment.

Our Vision

Fulfilling the potential of all people with special needs.

CTC Academy directs that all students enrolled in the school shall be afforded equal educational opportunities in strict accordance with the law. No student shall be denied access to or benefit from any educational program or activity or from a co-curricular or athletic activity on the basis of the student's race, color, creed, religion, national origin, ancestry, age, marital status, affectational or sexual orientation, gender, gender identity or expression, socioeconomic status or disability. CTC Academy shall ensure that all students are free from harassment, sexual or otherwise.



Family Educational Rights & Privacy Act

As part of our dedication to maintaining confidentiality, our school adheres to the Family Educational Rights and Privacy Act (FERPA). This federal law safeguards the privacy of student education records and ensures that parents and eligible students have specific rights regarding those records.

These rights include:

1. **Access to Records:** Parents have the right to review their child's educational records. You can request access by contacting the school office.
2. **Consent for Disclosure:** We must obtain written consent before disclosing personally identifiable information from a student's education records, except in certain permitted circumstances.
3. **Right to Request Amendment:** If you believe that your child's records are inaccurate or misleading, you have the right to request an amendment.
4. **Right to File a Complaint:** If you believe the school has failed to comply with FERPA, you have the right to file a complaint with the US Department of Education.

Learning Program

The CTC Academy is a full-day school program. Student hours are 8:40am-2:40pm, Monday through Friday. Please refer to our school calendar for planned school closings and early dismissal dates.

We serve diverse learners with multiple and varying disabilities. The focus of our instruction program is to enhance students' individual strengths while fostering innovative learning techniques that promote autonomy and success. Each student's learning program, driven by his or her IEP (Individualized Education Program), is unique and collaboratively developed by the professional team of teachers and therapists in conjunction with the child's parent(s) or guardian(s).

Assistive Technology is infused throughout the program, as both a teaching method and a tool to increase and promote communication. Our creative education program reflects our commitment to ensure that each and every student reaches his or her fullest potential.



Program Features:

- Small class sizes with a high student to staff ratio - equipped with specialized equipment and furniture adapted for the unique needs of our students
- Specialized curriculum that supports differentiation and a comprehensive school syllabus
- Extended Full-Day School Year Program (Summer Program)
- Therapeutic services based on the student's IEP (Individualized Education Program)- including occupational therapy, physical therapy and speech therapy (all speech therapists are trained in feeding therapy)
- Consultative and specialized services for our students (including orthotics/equipment clinic, physiatrist clinic, BCBA (behavior) consults, and services of both a full-time school psychologist and a social worker)
- Toileting and hygiene program
- Specialized nursing team headed by a New Jersey Certified School Nurse and consulting physician

Remote Instruction

The remote learning plan would be implemented during a closure lasting more than three consecutive school days due to a declared state of emergency, declared public health emergency, or a directive by the appropriate health agency or officer to institute a public health-related closure. If CTC pivoted to remote instruction, we would implement our state-approved plan and provide technology support to any families who need assistance.



Academic Syllabus

Elementary School: 4 Classes			
<u>Academic Subjects</u> <ul style="list-style-type: none"> • Language Arts - 4x per week • Math - 4x per week • Science - 2x per week • Social Studies - 2x per week • Life Skills/ADLs - 5x per week • Morning Meeting - 5x per week 	<u>Special Courses</u> <p>Physical Education</p> <ul style="list-style-type: none"> • Sept-Jan: (2x per week) • Feb-June: Phys. Ed & Health (Each 1x per week) <p>Music (1x per week) Art (1x per week) Social Skills (1x per week)</p>	<u>Electives</u> <ul style="list-style-type: none"> • MOVE (1x per week: half-year) • Yoga (1x per week) <u>Special Program</u> <ul style="list-style-type: none"> • Best Buddies (peer inclusion program) • Pet Therapy 	<u>Community-Based Instruction</u> <ul style="list-style-type: none"> • CBI Trips (1x per month) <u>Field Trips</u> 1x per ESY <ul style="list-style-type: none"> • 1x per year
Middle School: 3 Classes			
<u>Academic Subjects</u> <ul style="list-style-type: none"> • Language Arts - 4x per week • Math - 4x per week • Science - 2x per week • Social Studies - 2x per week • Life Skills/ADLs - 5x per week • Vocational Skills - 5x per week • Homeroom - 5x per week 	<u>Special Courses</u> <p>Physical Education:</p> <ul style="list-style-type: none"> • Sept-Jan: (2x per week) • Feb-June: Phys. Ed & Health (Each 1x per week) <p>Music (1x per week) Art (1x per week) Social Skills (1x per week)</p>	<u>Electives</u> <ul style="list-style-type: none"> • Dance (1x per week) • Yoga (1x per week) <u>Special Program</u> <ul style="list-style-type: none"> • Cool Connections (peer inclusion program) • Pet Therapy <u>Clubs</u> Leisure Club (1x per week)	<u>Vocational Practice</u> <ul style="list-style-type: none"> • School Store <u>Community-Based Instruction</u> <ul style="list-style-type: none"> • PAL Program (6 weeks) • CBI Trips (1x per month) <u>Field Trips</u> <ul style="list-style-type: none"> • 1x per year • 1x per ESY
High School: 4 Classes			
<u>Academic Subjects</u> <ul style="list-style-type: none"> • Language Arts - 4x per week • Math - 4x per week • Science - 2x per week • Social Studies - 2x per week • Homeroom - 5x per week • Vocational/Life Skills - 5x per week 	<u>Special Courses</u> <p>Physical Education:</p> <ul style="list-style-type: none"> • Sept-Jan: (2x weekly) • Feb-June: Phys. Ed & Health (Each 1x week) <p>Music (1x weekly) Art (1x weekly) Social Skills (1x weekly)</p>	<u>Electives</u> <ul style="list-style-type: none"> • Horticulture (1x per week - half-year) • Theatre (1x per week) <u>Special Program</u> <ul style="list-style-type: none"> • Just Say Hello (peer inclusion program) • Pet Therapy <u>Clubs</u> Leisure Club (1x per week)	<u>Vocational Practice</u> <ul style="list-style-type: none"> • Snackers Bar <u>Community-Based Instruction</u> <ul style="list-style-type: none"> • CBI Trips (1x per month) <u>Field Trips</u> <ul style="list-style-type: none"> • 1x per year • 1x per ESY



STEP- 18-21 year olds: 3 Classes (Student Transition and Education Program)

The mission of the STEP Program is to successfully transition students from school to adult life by connecting them to opportunities and supports that foster their independence and community participation. This is accomplished through the following:

- Real-world experiences and functional academics that align with the student's IEP goals
- Social skills development, including weekly social groups that support:
 - Problem-solving
 - Decision making
 - Self-Advocacy
- Vocational experiences both in and out of the school environment, including the **CTC Market**
- Fostering employability skills and strong work habits
- Activities of Daily Living are practiced throughout the school day
- Regularly scheduled community-based instruction trips
- Leisure activities developed to expose and support individual interests

Special Courses

Physical Education:

- Sept-Jan: (2x per week)
- Feb-June: Phys. Ed & Health (each 1x per week)

Music (1x per week)

Art (1x per week)

Social Group (1x per week)

Leisure Club (1x per week)

Vocational Practice

- CTC Market
- Vocational Assignments
- Work-Based Learning opportunities

Community-Based Instruction

- CBI Trips (1x per week)
- Field Trip (1x per year & 1x per ESY)

Special Programs

- Just Say Hello (peer inclusion program)



- Pet Therapy

Enhanced Curriculum Programs

All Enhanced Curriculum Programs are collaboratively developed and implemented by our therapy team members and our special education teachers. Each program is designed to foster opportunities that motivate students to work on their independent therapeutic goals.

Adapted Physical Education: The physical education program provides experiences through adapted sports and physical activities fostering independence, communication and sportsmanship.

Art Education: Once per week, a certified teacher of art provides instruction in the area of visual arts. Students are exposed to a wide variety of art mediums that allow them to express their individuality and love of art.

Horticulture: CTC Academy's dedicated Horticulture program combines hands-on gardening with educational and therapeutic lessons, building skills in science, math, language arts, and pre-vocational development. Students grow and care for a variety of plants while learning responsibility, teamwork, and environmental awareness. The program culminates in a Farmer's Market sale, where students apply their skills by preparing, presenting, and selling items to the CTC school community.

Leisure Clubs: The leisure clubs provide opportunities for our students to socialize with peers while participating in activities that are developed to encourage communication skills and fun. These clubs give our students opportunities to explore activities that increase their awareness of personal interests and talents.

Let's MOVE: The "Let's MOVE" program is a collaborative effort by our adapted physical education teacher and a physical/occupational therapist who are dedicated to providing purposeful movement experiences to students of all abilities. The program incorporates gymnastic and sensory opportunities that allow students to work on strengthening and independence goals.

Music Education: The music education program utilizes a music therapy framework to enhance social, cognitive, communication and motor abilities. This program offers meaningful musical experiences using instruments, rhythm, singing, listening and performing. Students work on skills reflected in the NJ Student Learning Standards.

Performing Arts/Dance: CTC Academy's Dance program blends music, movement, and socialization to enhance coordination, expression, and confidence through individualized



instruction. Educators and therapists work together to support students in developing motor skills, rhythm, and self-expression through creative movement experiences. The Dance program culminates in an annual recital performance where students showcase their growth and talents for families.

Social Groups: All classes participate in social groups led by the school psychologist. The goals for each group are developmentally appropriate for their grade/age span.

Therapeutic Swim: Our on-site, state-of-the-art, indoor heated swimming pool provides a supportive environment where students can build gross motor skills, strength, coordination, and mobility. Sessions are led by **aqua-certified physical and occupational therapists**, ensuring that each activity is both engaging and therapeutically beneficial.

Yoga: The yoga program provides our students with an opportunity to prepare themselves for learning while empowering them to be an active participant in their own growth and development. Yoga practice may promote improvement in areas such as strength, flexibility, and overall sense of well-being.

Therapy Services

CTC Academy offers physical, occupational, and speech therapy as well as assistive technology. The frequency and duration of therapies is defined in each student's IEP. Therapists work together with teachers in order to define optimal treatment plans and goals.

Each family will receive a copy of their child's therapy schedule at Back-to-School Night. The schedule may change during the year for various reasons. Therapy sessions are made up only when a therapist misses a session. If a student is absent or arrives late/leaves early when a therapy session is scheduled, the session is not mandated to be made up. Therapy sessions are also not mandated during special school events such as assemblies or when students are out of the building on field trips. Therapists will, at times, see students in advance for a session if they know they will be missing a session at a future date. IEP meetings, vendor appointments and clinics are all considered therapy sessions, if the therapist working with the student is in attendance. The therapists keep detailed records of sessions to ensure all sessions are delivered in accordance with the student's IEP. Parents/guardians are welcome to observe their child's therapy sessions or to participate in parent/guardian training by appointment. Please contact your child's therapist to make an appointment.



Therapeutic Consultative Services

Physiatry Clinics: Physiatry clinics are conducted monthly. The purpose of these clinics is to provide consultation services to staff and parents regarding the student's therapy program, review orders/prescriptions for adaptive equipment, prescribe hand splints, and check the fit of orthotics/braces. Parents/guardians are required to participate at the scheduled clinic. Appointments are scheduled approximately 2-4 weeks in advance of the upcoming clinic. Parents/guardians can request their child be seen for clinic by contacting their child's treating therapist(s). We respectfully ask parents/guardians who need to cancel a scheduled clinic to please give at least 24 hours' notice so that the schedule can be revised in advance. A written summary of the physiatry clinic is provided by the consulting physiatrist and is forwarded to the child's therapy team as well as their parent/guardian.

Orthotic Clinics: Orthotic clinics are conducted several times per month. With a prescription from a treating physician, a licensed and certified orthotist is available to fabricate orthotics for upper or lower extremities and/or trunk to promote proper body alignment, to provide a gentle stretch for tight muscles or to assist with weight bearing and standing, and/or to facilitate functional movement. The orthotist works closely with your child's occupational and/or physical therapist during the clinic visits. Parents/guardians are invited to attend clinics. Requests for orthotic clinic services should be scheduled with your child's treating therapist(s).

Equipment Clinics: Equipment clinics are conducted several times a month with a variety of durable medical suppliers to assist parents with ordering adaptive equipment. During these clinics our Equipment Coordinator will work closely with you, your child's therapy team and a durable medical supplier to choose the appropriate type of equipment. When your child is in need of new adaptive equipment, please discuss this issue with your child's treating therapists to gain their input. When it is determined that new equipment is needed, either you or your child's treating therapist(s) can request an appointment. Updated insurance information and a copy of your most recent insurance cards are necessary in order to verify your coverage for durable medical equipment. The Equipment Coordinator will send your insurance information to a durable medical supplier before setting up an appointment for a seating evaluation. Parents/Guardians are required to attend this initial evaluation.

BCBA Consultation: A Board-Certified Behavioral Analyst (BCBA) consults with CTC staff to provide positive behavioral support to the educational and therapeutic learning environments. In addition, the BCBA, in collaboration with the child's team, develops and monitors behavioral plans when needed for students. Parents/guardians may request to meet with the BCBA and your child's team by contacting the Principal or Head of Therapeutic Services.



Change of Address Policy

At CTC Academy, we understand that moving to a new home can be an exciting yet sometimes stressful time for families. Our goal is to support your child and ensure that their learning experience continues as smoothly as possible, even during times of transition.

Why Notification Matters

If your family is planning to relocate or change your address, it is very important that you notify both the **CTC Academy Principal** and your child's **sending district** as soon as possible.

- Providing advance notice gives us the opportunity to update records, coordinate with your district, and ensure that your child's approval to attend CTC Academy continues without interruption.
- This proactive step helps us work together to prevent any unnecessary disruptions to your child's school attendance or services.

What Happens Without Notification

If CTC Academy and the sending district are not notified ahead of time, your child may be required to remain at home temporarily until registration is properly updated with the new district. We know this can be difficult for families, which is why early communication is so important.

Working Together for Your Child

To help us keep everything on track, we ask parents/guardians to:

1. Inform the Principal at CTC Academy as soon as a move is planned.
2. Reach out to your child's sending district to share updated residency information.
3. Provide any documentation requested so your child's enrollment remains secure.

By sharing your plans with us early, you allow us to partner with you and your district to make sure your child continues to receive the education and services they deserve without interruption.

School Supplies

In order to support your child's learning program, we require supplies, some of which may be left at school and some of which will go back and forth daily. In addition to the items listed below,



teachers and therapists may request items throughout the school year to support your child's learning experiences. ***Please label all items that are sent to school with your child's name***

Items to be Left at School:

- Protective Underwear/Disposable Briefs and Wipes
- Grooming /Hygiene Supplies – as your child needs or as teacher/therapist requests
- Additional Clothing – which may need to be changed seasonally, including shirts, pants, socks, undershirts, underwear.

Items to be Brought in Daily:

- Lunch Box (with snack and lunch) – CTC Academy has refrigerators, blenders, toasters and microwaves available to assist with food preparation. However, if possible, please include a thermos container to regulate food temperature. If anyone in your child's class has any specific food allergies, you will be notified. Please avoid the use of glass containers, if possible.
- Take-Home Folder (for teachers to send home student work)
- Backpack
- Clothing and footwear should be comfortable and appropriate to support active play and movement throughout the school day.

Snack and Lunch

Nutrition is a vital component in keeping your child healthy. We appreciate the support of families to provide lunch and snacks for our students. We realize you do your best to strive to create nutritious meals that provide adequate representation from all food groups. If you have challenges regarding nutrition, we recommend reaching out to your child's healthcare provider.

With safety in mind, we ask that you **note the attached list of cautionary foods and do not send** those food items that are proven to present a choking hazard to young children. Please note - If these items are sent to school, a CTC staff member will determine, based on your child's needs, if they will be permitted to consume the items. We will not serve any food deemed unsafe by a CTC staff member.

The classroom teacher will also communicate if there is a severe allergy concern within the classroom. If there is, parents will be asked **not to send any foods containing the allergen**. However, suppose a student (or staff member/private duty nurse) brings a prohibited product. In that case, the food will be stored in a location outside of the classroom, and they will need to eat the food item in a separate room, where there are no allergic students. On another food-related topic, staff will not serve students any expired food items, even if they are sent in from home.



Again, we thank you for partnering with us to meet our children's nutritional and safety needs. If you have any questions regarding these policies, please reach out to Carol Anne Chupak cchupak@ctcacademy.org or 201-612-5677 ex. 2410.

Cautionary Food List

Nuts (all types)	Blueberries
Fruit Snacks	Beans
Gummies (including chewing gum and candy)	Corn
Popcorn / Pirates Booty	Rice
Hot dogs	Sausage
Grapes / Raisins / Olives	Peanut Butter

Trips

Field Trips: Throughout the school year, students are given the opportunity to participate in field trips that are connected to the class curriculum and support learning goals in real world settings.

Community-Based Instruction Trips: Community-Based Instruction (CBI) is an educational method for teaching daily living skills in real life settings. CBI trips focus on academics as well as opportunities for practicing communication, social and mobility skills in the community. CBI allows students to learn and generalize skills from the classroom into real life situations.

Permission slips describing the activity and informing you of the cost (as applicable) are sent home prior to the trip. **A signed permission slip is required for your child to participate in the experience.** To ensure transportation for your child, we need permission slips returned by the designated date. If permission slips are returned after the designated date, we cannot guarantee transportation for your child.

Parent Photo and Video Recording Policy

This policy establishes guidelines for parents, guardians, and family members regarding photo-taking and video recording within the New Jersey Special Education School to ensure the privacy, safety, and educational integrity of all students. CTC Academy is committed to ensuring that each individual's personal information, including students, is used properly and legally. Therefore, it is important to ensure that images of your student are cared for with respect and likewise, it places responsibilities on all of us to care for others' personal information.

This policy is not designed to prevent legitimate activity or stop an activity that brings joy to many, but it is designed to protect the rights of all of us and treat individuals' information



(including their images) with respect. CTC Academy wants to share the successes and achievements of our students, but there may be circumstances where the student and/or their parents might not be comfortable with the student's information being made available, e.g., on a website or via social media. Similarly, schools also have obligations towards the students in their care.

Scope

This policy applies to all parents, guardians, and visitors at CTC Academy and includes attending school events, visiting classrooms, participating in therapy sessions, or engaging in any school-sponsored activities on or off campus.

Privacy and Confidentiality

1. CTC Academy complies with the Family Educational Rights and Privacy Act (FERPA) and relevant New Jersey state laws to protect the confidentiality of student information.
2. Parents and guardians should focus on taking photos or videos of their own child. Photos that include other students must be cropped to ensure privacy before being shared on social media or with others.
3. In certain limited situations, under circumstances where a reasonable parent would expect their student to be recorded, recording of a school event is permitted during school events, graduation ceremonies, concerts, etc.
4. Photos and videos taken at school events should not be shared on social media or public platforms without proper parental consent from all children in the photo.

Classroom and Therapy Sessions

1. Photo-taking and video recording are generally prohibited in classrooms and therapy sessions to protect privacy and prevent disruptions.

Media Sharing and Social Media

1. Parents are advised not to share images or videos of other students on social media without proper consent.
2. The school reserves the right to request the removal of any unauthorized images or videos shared publicly.

Staff and Administration Roles



1. Only authorized school personnel may take photos or videos on school equipment for official purposes, such as educational documentation or school marketing, with appropriate consents.
2. Parents may request copies of official school photos or videos that include their student, subject to availability and privacy considerations.

Enforcement

1. Violations of this policy may result in verbal warnings, restricted access to school events, or further actions as deemed necessary by the school administration.
2. The school will handle violations respectfully, focusing on educating parents and promoting compliance.

Photos and Videos are used for various reasons throughout our school program:

- At times our teachers and therapists may utilize photos of students for instructional purposes, these photos will not be used for marketing purposes.
- Professional school photographs and class photos are taken once a year. These photographs may be purchased through the vendor. All students will participate in the class (group) picture. If a student does not have a photo release teachers will request approval for class pictures. If approval is not given those students will not participate in the class picture.
- Development photos may be used for marketing/media, but only with parental consent.

Non Food Celebrations

In our ongoing effort to promote **inclusion and health wellness**, CTC Academy has adopted a **Non-Food Celebration Policy**. We want every student to feel celebrated, included, and safe on their birthday, without concerns related to allergies, dietary restrictions, or medical needs.

Instead of food-based treats, each grade-span team has developed simple, meaningful traditions for marking birthdays—such as songs, special roles, class-made cards, or other activities that highlight each child. Your child's classroom teacher will send home their **specific birthday celebration traditions** at the beginning of each school year, or when your child transfers into that classroom.

Parent/Guardian Participation



- Families are welcome to come into the classroom for up to **30 minutes** on their child's special day.
- Please reach out to your child's teacher about **two weeks prior** to the birthday to confirm and plan details for the visit.

Important Reminder

- Due to allergies, **latex balloons are not permitted.**
- **Mylar balloons are acceptable.**

Thank you for helping us foster safe, joyful, and inclusive traditions for every student at CTC!

Student Absences/Early Pick-up/Late Arrival

If you need to report your child(ren) absent or to inform us of an early pick-up or late arrival, please email: olstudentattendance@ctcacademy.org. This email address is a shared mailbox and will ensure that a team of us receives the notification.

Parents are also welcome to include other team members (such as teachers or therapists) in the email but must email olstudentattendance@ctcacademy.org to ensure the message is received.

If you would like to **call in an attendance update instead of emailing, you are welcome to dial our main number and press #1 to leave a message with our nurses.*

Home and School Communication

If you have any questions or concerns about your child, we would like to hear from you. If you wish to speak with a staff member, please call (201) 612-5677, and we will be happy to assist by connecting you with the desired staff member. Email is also another efficient way of communicating with teachers and therapists. Each email address is the first initial and last name of the staff member followed by @ctcacademy.org. Communication with teaching assistants should be routed through the classroom teacher. Communication is very important to us. No question is too small or too "silly" to ask. Please keep in mind, our focus during instruction time is your child. When returning a phone call/email, we will make every effort to get back to you as soon as possible during a time that does not interfere with instruction or therapy.

Remind App: Remind® is our daily communication platform. Through Remind®, staff will share classroom notes, weekly therapy updates, and important information about your child's day, including routines such as toileting, meals, and hygiene. Families can also use Remind to share updates from home, note relevant information about their child, and ask non-urgent questions.



This two-way system ensures that home and school stay closely connected in supporting each child.

Email Communication: CTC Academy uses email blasts (from both Constant Contact and Real Time platforms) to send information to families and staff.

Google Classroom: Teachers will notify parents regarding their use of Google Classroom.

“For Parents” Webpage - <https://ctcacademy.org/parent-portal/>: Please visit our parent section on our website for important permission slips, forms and other school information.

Green Envelope: The Green Envelope email provides weekly updates regarding important information about upcoming events and school activities.

Academic Calendar and School Events: At CTC, we host a variety of events throughout the year. Families are invited to attend special occasions such as Graduation and the Halloween Parade. Event information will be shared through: Green Envelope notices; Principal emails; Teacher notification- reminders and invitations will sent home as needed.

Parent/Guardian Conferences: Parent/Guardian/Teacher/Therapist Conferences are scheduled in November and will be held virtually. During our conference day, students will be dismissed at 12:40 p.m.

Progress Reports: Progress reports will be sent home three times during the school year in November, March and June. Copies of all progress reports will also be sent to the Department of Special Services from the sending district.

Note About Communication: All communication with school staff must be through official CTC Academy meetings, phone, email or the daily communication appr **Remind®**. While we recognize the ease of sending a text message or relaying information through a private duty nurse and/or the bus driver, we want to ensure that messages are communicated correctly and appropriately. So we ask that you only use one of the approved methods of communication. **Also, our staff is not permitted to use cell phones during instruction time.** The purpose of our “no cell phone policy” is to ensure that the focus remains on your child. We would like to thank you in advance for engaging with our staff through the approved methods and procedures that we have set in place.

Visits and Observations



Parents and guardians are welcome to visit and observe their child's program by appointment. If you have any issue scheduling an observation, please contact the school principal.

All visitors are required to report to the front desk upon arrival. You must sign-in and wear the visitor's lanyard given to you by the receptionist for the duration of your visit. All visitors will be escorted to your destination, as well as back to the lobby to sign-out at the end of your visit/observation.

Social Work Services

The mission of our school is not only to provide educational and therapeutic services for our students, but to also further enrich their lives by lending support to their families. We have licensed social workers at both campuses who provide many creative programs that support and nurture our students and their families. Bilingual services are also available, as warranted.

Parent Group/Mom's Night Out: These groups were created to provide our CTC Academy parents with the opportunity to talk, share, and learn from one another in a safe, supportive, and caring environment.

Family Education Series: Our educational series provides families with the opportunity to hear professional guest speakers discuss topics related to the needs of their children and their families.

Family Fun Nights: These events are an opportunity for our CTC families to connect socially by having the whole family participate in fun outings and events.

Additional Social Work Services: The school social worker provides families with community resources such as workshops, meetings and other events in the community that can give the family practical information and support for day-to-day living. The social worker assists with assessment and referrals to appropriate agencies, including PerformCare, DDD, the Catastrophic Illness in Children Relief Fund, and other community resources. Short-term counseling and referrals for individual, family, and group therapy is available. Guidance and information about the transition into adulthood (SSI/Medicaid) is also provided.

Home School Association



The CTC Academy's Home School Association (HSA) is a forum for parents/guardians and caregivers to work with CTC staff to achieve the common goal of creating a positive experience for each child. We meet periodically to discuss ways we can enhance each child's school experience and how to get involved. Please join us to make a difference in the education, health, and welfare of our children. Contact the HSA at ctcacademyhsa@gmail.com for further information.

Development and Marketing Development

The CTC Academy, Inc. is a nonprofit organization - tax identification #2215-08549 - that enhances the lives of children and young adults with special needs and their families by providing an enriched educational, therapeutic and supportive environment. The Development and Marketing Department of the CTC Academy raises funds and awareness to support the Early Enrichment Program (EEP), extra-curricular programs, and the needs of the school tuition programs (Fair Lawn and Oakland Campuses). We raise funds to provide adaptive equipment, enhanced programming and extra-curricular activities for our students - 12 months through 21 years of age - and their families. Development raises funds through special event fundraising, direct mail solicitations, foundation fundraising and business and corporate giving. Our marketing efforts include managing the CTC social media pages, the CTC website and community outreach through social and print media and community awareness events.

There are many opportunities for you to become involved in the happenings at the CTC Academy. There are development event committees, volunteer opportunities and so much more! These extra-curricular activities serve as a great vehicle for parents to find support, share experiences and make new acquaintances. **Contact Audra Hoffman** at ahoffman@ctcacademy.org or at extension 3227 for further information. You can visit us on the web at, www.ctcacademy.org, as well as Facebook, Twitter and Instagram for the most up-to-date information and activities.

Section Two

Security Policies and Procedures



Student Security

The CTC Academy has security measures to ensure the safety of our students as they attend our school program. Auxiliary entrances into the building are locked at all times. The main entrance in front of the CTC Academy building will be the only entrance and exit for the school (except for emergency drills). All visitors are required to register with the receptionist and will be monitored during the duration of their visit. All visitors will be asked to provide identification and to state the reason and purpose for the visit. The receptionist will issue you a visitor's pass, which must be worn for the entire duration of your visit. Visitors will be escorted to the desired destinations and will be escorted back to the reception desk at the end of the visit. The CTC Academy Campus is equipped with security cameras. If any individual is found to be in the school building without a visitor's badge, they will be required to report to the front desk.

Emergency Drills

In accordance with NJSA 18A:4-1, CTC Academy will conduct emergency drills on a monthly basis. One fire drill and one security drill will be conducted to ensure student safety in response to any possible threats. CTC Academy will conduct drills designed to prepare for:

- **Evacuation** of the building may occur when staying in the building is deemed to be unsafe. Staff and students will exit the building and proceed to a designated area of safety until it is safe to return to school or be dismissed from that location.
- **Shelter-in-place** which may occur due to threat of harm or danger remotely outside the school building. Students and staff will stay in their classrooms and all school activities within the building will continue. No one will be permitted to enter or exit the building for the duration of the event.
- **Lock-down** may occur due to the threat of harm within the school building or within close proximity outside of the school. Staff and students will be securely locked into rooms inside the school building.

CTC Academy may also utilize a call and/or text announcement system to communicate emergency events. It is important that we test these emergency alert procedures regularly throughout the school year. We ask that all parents/guardians provide contact information and phone numbers that are current and up to date in the event of an emergency.



Release of Students

Students will only be released from school to the custodial parent/guardian, or with parent/guardian permission to a designated person, or to a district-contracted bus company providing transportation services. Families that are separated/divorced or are in the process of doing so, should provide court-ordered custodial arrangements to the principal of their child's CTC Academy campus so that CTC Academy will have a clear understanding of its responsibility in providing for your child's safety. This information will be held strictly confidential. Parents/guardians are also encouraged to advise their child's case manager from their sending district of your custodial status as it changes. This information should be updated whenever court orders have changed.

If you have a consistent caretaker whom you would like to designate to be allowed to pick up your child, please fill out the "Picking Up Your Child Form" (found on our website located in our "For Parents" section <https://ctcacademy.org/parent-portal/>). Please return the form with a schedule of the day(s) your designee will be picking up your child. The "Picking Up Your Child Form" will be held for the school year in the front office and identification will be asked for the first time the designated person is picking up your child.

If you make plans to have your child picked up from school by another individual (not on the "Picking Up Your Child Form"), you must notify the principal of CTC Academy in writing. In the note, you must include the date that your child will be picked up, the time, and the name of the individual who will be taking the child from school. The individual assigned to pick up your child will also be asked to present identification for verification purposes. If there is an emergency situation and you cannot notify the school in advance of this arrangement, you must call the school as soon as possible and either speak with the principal/assistant principal, or social worker and advise them of your situation and the need for another individual to pick your child up from school. The principal/assistant principal or social worker will document the required information as provided by you at the time of the phone call. When you or your designee picks your child up from school, you must sign them out. The logs will be located at the front desk at the main entrance. If your child has a private duty nurse and they bring your child out to you, they are also required to sign out your child and to be noted on the "Picking Up Your Child Form."



Emergency Closings/ Delayed Openings/Early Dismissals

It may be necessary to close school, delay arrival or dismiss early due to inclement weather or other emergency conditions. Parents/guardians, bus companies, and school districts will be notified of emergency closings through the call, text message, and email alert system as soon as decisions are made. To ensure that you will always receive these alerts, your telephone and email contact information must be kept up to date at all times. School closing will also be noted on News 12 NJ website. A delayed opening means that CTC Academy will open for students at 10:15 a.m. An early dismissal means that CTC Academy will dismiss students at 12:40 p.m. Please note: School must be closed for three or more days during an emergency situation before remote instruction can take place. Since most weather-related events typically last one or two days, the school cannot use remote instruction and count it as an instructional day for purposes of the 180-day school year requirement.

Transportation

While transportation is formally arranged between your school district and bus company, CTC Academy provides oversight in the daily drop-off and pick-up of students by the fleet of buses and vans that arrive at our doors each day.

Upon arrival, these buses are visually inspected by staff members who check for noticeable problems. If it is determined that a more comprehensive inspection is warranted, the bus company and sending district are notified. If the problem involves faulty heating/cooling systems or broken/missing equipment on the vehicle, CTC Academy may require that a new vehicle is provided before students are sent home. As per our policy, we will always notify parents and guardians as soon as problems arise. We also urge you, when possible, to conduct a similar brief inspection before you place your child on the bus each morning.

In addition to our daily visual inspections of the buses, there are further measures that we take to help ensure that your child is safely transported to and from school. In the fall and spring, we complete a thorough inspection of every bus that transports our students to each campus. During the inspection, we check for visible damage to the vehicle on the interior and exterior of the bus. We ensure that each bus has state-required safety tools including fire extinguishers, belt cutters, etc. We also inspect vertical restraint systems and ensure that all hazardous items are tied down correctly. While conducting the inspection, we check that each driver has a valid driver's license to



operate the vehicle. We conclude these inspections by making sure that each driver and aide is well versed in emergency evacuation procedures. All reports are sent to the bus companies and your district.

Any bus issues will ultimately be the district's and bus company's responsibility to manage, however we strive to work with them to keep your child safe! If you have any questions or concerns about your child's transportation to school, please inform your case manager and your campus principal.

Child Abuse and Neglect

State law requires, "Any person having reasonable cause to believe that a child has been subjected to child abuse or neglect shall report the same promptly to the Division of Child Protection and Permanency." Anyone making a report under this Act shall have immunity from any liability, civil or criminal, that might otherwise be incurred or imposed (N.J.S.A. 9:68, 10 and 8:13). All reports of suspected abuse and neglect are investigated by the Division of Child Protection and Permanency. School staff are required to report all suspected cases of abuse or neglect according to NJAC 18A:36-24 and 25. The NJ Child Abuse Hotline is toll-free at 877-NJABUSE or 877-543-7864. For students over 18 years of age, reports of suspected abuse or neglect are directed to Adult Protective Services (APS). Each county in New Jersey has its own APS office.

Harassment, Intimidation and Bullying

CTC Academy believes a safe and civil environment is necessary within the school setting for students to learn and achieve developmentally. To ensure the welfare, comfort, and security of each student, CTC Academy sets forth policies prohibiting harassment, intimidation, and bullying in compliance with 11 N.J.S.A. 18A:37-15 (3) (b) (1 through 10). Students are expected to conduct themselves in a manner that is appropriate to their level of development, maturity, and demonstrated capabilities with proper regard for the rights and welfare of other students and school staff. Consequences and appropriate remedial plans shall be applied to all acts of harassment, intimidation, or bullying (including cyberbullying) through the use of established program disciplinary procedures. These may range from positive behavioral interventions up to suspension or termination from the program. Student counseling may also be implemented as appropriate. All acts of harassment, intimidation, or bullying shall be reported immediately to the Principal of CTC Academy. All reports will be reported to and investigated by the sending school district. Following the investigation, the sending district will decide if disciplinary action is deemed necessary based on district policy.



Standards for Respectful Behavior

At CTC Academy, we value respectful interactions and aim to keep our school environment positive and productive for everyone. Here are a few guidelines to help us all maintain a collaborative and civil atmosphere:

- We ask that everyone treats others with kindness and respect. This includes keeping communication civil and avoiding any actions or language that could be seen as disruptive or threatening.
- Please follow sign-in protocols and respect our school's rules and property.
- If there's ever a situation where someone's behavior is disruptive, aggressive, or disrespectful, they will be asked to leave the premises to keep things running smoothly for everyone.

We appreciate your cooperation and understanding in helping us keep our community welcoming and orderly.

Sexual Harassment of Students

CTC Academy will not tolerate sexual harassment of students by school employees, other students, or third parties. Sexual harassment of students is a form of prohibited sex discrimination. In accordance with Title IX of the Education Amendments of 1972 and the Code of Federal Regulations (CFR), 34 CFR §106, the school adopts this Policy and implements practices to investigate and resolve allegations of sexual harassment of students engaged in by school employees, other students, or third parties pursuant to 34 CFR §106.3(c). In addition, reports of sexual harassment shall also be investigated in accordance with the requirements of New Jersey's Anti-Bullying Bill of Rights Act and Policy 5512. The full policy and accompanying regulations can be obtained by calling the school principal and also by visiting our website.

[Sexual Harassment Policy](#)

The CTC Academy is committed to the safety and well-being of its students and harassment of any kind will not be tolerated. If you suspect that a student has been sexually harassed, please reach out to our Title IX Coordinator at sduffin@ctcacademy.org.

Section Three

Medical, Health and Safety Policies and Procedures



Introduction to Health Services

It is CTC Academy's privilege to be a partner on your child's health care team! Health care forms are sent home annually. Parents/guardians are required to complete and return all required health care forms to the Campus Health Office by the designated return date. Your child will not be eligible to participate in the school program without the required paperwork. It is important to inform campus nurses if there are any changes in your child's health status, allergy profile, or medications throughout the school year.

Emergency Information

It is required that we have two (2) emergency contacts on file for your child. Annual emergency forms must be completed and submitted by the designated date. The information must be current and include emergency contacts that can be available if you cannot be reached. These contacts must be able to transport your child home if necessary. Please notify the school office of any changes to this information throughout the school year.

Immunizations

As per the State Sanitary Code (NJAC 8:57-4.1 to 8:57-4.19), all students at all grade levels must be in compliance with all immunization regulations. Your child will not be allowed entry into school unless all required immunizations for their age are up-to-date, as verified through your child's primary care physician's office. Booster immunizations must be up-to-date and received by the specific age required by law. Children age 5 and younger are required to have the flu vaccine annually. Medical exemptions stating that the child cannot have the required immunizations must be documented in writing by the child's primary care physician annually. Parents/guardians seeking a religious exemption must submit written documentation annually. Children who do not have up-to-date immunizations or boosters will be excluded from school.

Height and Weight Measurement

In an effort to provide the best services to our students, we may be conducting periodic height and weight measurements. This information is helpful to therapy staff and clinic providers when making decisions about equipment and positioning. We will also communicate this information with you, as it may be helpful for you to share it with your private care providers. If at any time during the school year you would like us to weigh and measure your child for an upcoming appointment, please contact the campus health office and we will be happy to accommodate your request.



Administration of Medication/ Specialized Health Treatments

Any student requiring medication or specialized treatments, including tube feedings, during the school day must have up-to-date prescriptions or medical orders from your treating physician. Failure to provide necessary documentation will prohibit nurses from administering treatments during the school day.

If your child requires any medication in school (including over-the-counter, nonprescription medication, or specialized medical treatments, the following is required:

- An **original written prescription** of medical orders from your physician which states the **dosage, route of administration, time to be given, and purpose** of the medication or the nature of the specialized treatment that is signed by the physician.
- Signed parent/guardian permission to administer the medicine/treatment to the child. Please use our medical admission form obtained from the Campus Health Office.
- Medications must be labeled and in the original bottle from the pharmacy. The prescription bottle will remain in school and be returned home for refills.
- G-tube feedings, formula, and feeding pump must be sent in working order with fully charged batteries and parents must supply feeding bags. If possible, please send in a spare charger in case of battery malfunctions.
- Whenever it is necessary to administer an EpiPen, an emergency protocol will be enacted, and your child will be taken to the emergency room for medical follow up.

Seizure Emergency Medication Administration Policy

All students with and without a private duty nurse:

- The CTC Academy nurse will implement the student's individual Seizure Action Plan as the initial guide for intervention. If the student has a private duty nurse, immediately upon recognition of potential medical distress, the private duty nurse shall have a CTC Academy Nurse summoned to the scene to provide support to the private duty nurse.
- Administration of emergency medication will require 911 EMS to be initiated.



- The CTC Academy nurse (or student's private duty nurse if applicable) will notify parents of the use of this intervention (seizure emergency medication administration, oxygen administration). If the child is not transported to the emergency room via EMS, the parent/guardian will be required to pick up their child from school immediately. The student will not be permitted to be transported by bus.
- If a seizure occurs out in the community while on a school trip and seizure emergency medication is administered, EMS will be called immediately. A staff person (or student's private duty nurse) will accompany the student to the Emergency Room and remain with the student at least until the parent/guardian arrives at the hospital.
- Medical clearance will be required for readmittance to school after Emergency Room/Hospital evaluation or at the discretion of the CTC Academy nurses.

***The CTC Academy nurses are responsible to act in the best interest of the health and safety of all students at all times. The CTC Academy nurses reserve the right to implement Emergency Medical Services at their discretion.

Allergen Management Policy

All food allergies have the potential to cause a health related crisis. For example, a child with a serious peanut/tree nut allergy can suffer a reaction merely by touching or smelling a peanut/tree nut-containing food. Therefore, please adhere to the following safety guidelines:

- Parents/Guardians are required to annually complete the Health History Allergy Profile. Parents/Guardians are asked to update the Campus Health Office of any changes to this information throughout the school year. Staff are provided this information and any updates throughout the school year.
- The classroom teacher will communicate with parents/guardians if there is a serious allergy concern within the classroom. Parents are asked not to send any foods containing the allergen. However, if a student is sent to school with (or staff member, private duty nurse brings to school) a prohibited product, the food will be stored in a separate refrigerator or room. The individual will need to eat the allergen containing food item in a separate classroom where there are no allergic students.



- Parents/Guardians are asked and staff must wash the child's hands and face with soap and water after eating and change any food soiled clothing.
- There will not be any classroom projects that involve peanut/tree nut products or the allergic product.
- No latex balloons or latex gloves are permitted inside school at any time. Mylar balloons are allowed.
- Allergy Action Plans written by the student's private health care provider and emergency medications are kept in the Campus Health Office.

Allergic Reactions in the School Setting

Any child who experiences an allergic reaction (including dermatologic reactions) while at school will not be permitted to be transported home on the bus. Parents/Guardians will be notified to pick up their child immediately and bring him/her home for continued observation. We encourage parents/guardians to contact their child's regular private health care provider.

Any student sent home with a potential allergic reaction will require medical clearance by their private health care provider in order to return to school. If the student requires EpiPen administration, EMS will be called immediately and the student will be transported to the nearest Emergency Room. Medical clearance is required for return to school.

Other Food Related Topics:

CTC Academy recommends that you pay special attention to the food choices you select for your child, striving to create a meal that provides adequate representation from all of the food groups.

Please pay special attention to foods that may present a choking hazard to your child. Foods such as nuts, fruit snacks/gummies, popcorn, hot dogs and grapes can easily block the airway. Please do not send these foods to school, as we may not allow your child to consume them.

Staff will not serve students any expired food items, even if it is an item sent in from home. Parents are instructed that the school does not keep a stock of extra food, so please plan school snacks and meals accordingly.



Emergency Response

For the health and safety of your child, in the event of a medical emergency, the CTC Academy nurses and designated staff are authorized to take whatever action is deemed necessary in their judgment and shall be held harmless of any claims arising from acts of good faith. In the event of an anaphylactic reaction, the CTC Academy nurses or trained designee shall be held harmless of any claims arising from the administration of a pre-filled, auto-injector mechanism containing epinephrine if the nurse or trained designee in good faith believes the student is having an anaphylactic reaction. Whenever it is necessary to administer an EpiPen, an emergency protocol as per N.J.S.A 18A: 40-12 will be enacted and your child will be taken to the emergency room for medical follow-up. CTC Academy is not financially responsible for the emergency care and/or transportation for your child.

School Year Communicable Disease Policy

CTC understands that it is difficult for a parent/guardian to leave or miss work. However, if a child exhibits any signs of illness, he/she should not attend school. If symptoms occur at school or if your child is deemed unable to participate in our program's activities, your child will wait in the Health Office and you will be called to take him/her home in order to prevent any spread of illness and to ensure the comfort of your child. **The child's parent/guardian, or a designee assigned by the parent/guardian, is required to pick the child up from school within the hour of being called.** Please be aware that we are unable to keep sick children in the Health Office until the end of the day as this impacts health services to other students. No therapy educational services will be provided while awaiting pick up.

Examples of illness include but are not limited to:

- Fever
- Persistent cough
- Severe pain or discomfort
- Respiratory compromise
- Fatigue or abnormal sleeping pattern
- Decreased appetite/refusing to eat/drink
- Diarrhea
- Vomiting
- Runny nose that is excessive and/or discolored mucus
- Apparent sore throat
- Eyes with discharge
- Skin rashes



Students must have improving symptoms and diarrhea/vomiting /fever free for 24 hours without the use of over the counter cold medications/fever reducing medications and be able to fully participate in all activities before returning to school. If your child was prescribed antibiotics or eye drops, they must have completed a full 24 hour dosing of the medication before returning to school. When determining the return to school date, a full school day, not clock hours, will determine the date of return . A CTC staff nurse can provide individualized guidance regarding eligibility to return to school in these circumstances. If your child is diagnosed with an illness, please report it to the Campus Health Office.

Please note Medical Clearance is required after:

- 5 days of absence due to illness, surgery & medical procedures
- Hospitalizations
- Emergency Room evaluations
- At the request of the school nurse

Medical clearance is required even if the medical event occurred on a weekend or school vacation. The clearance is required to specify that the student is able to return to school and is able to participate in all activities. Restrictions, if any, need to be specified. Please use the CTC Academy's Medical Clearance Form that can be downloaded from the CTC Academy Website under the Parent Section Health Office Information and Forms section or obtained from the Campus Health Office.

Readmission of the student is at the discretion of the School Nurse.

MEDICAL CLEARANCE GUIDANCE

CTC Academy views the health & safety of your child as our priority. Medical clearances are necessary to ensure a safe return to school. Examples of when CTC Academy requires a medical clearance are:

- After a contagious illness (Flu, Strep Throat, Pink Eye, etc.)
- Absence related to illness greater than 5 days
- Hospitalization
- After an emergency room evaluation, even if child is not admitted to the hospital
- Orthopedic injury or suspected fracture
- Surgery
- Procedures including but not limited to Botox or Alcohol Blocks, oral surgery, extensive dental work, any procedure requiring anesthesia
- If your child is involved in an off campus school bus accident
- Any other health related cause as deemed by the Campus Nurse



Medical clearance is required even if the medical event/procedure occurred on a weekend or school vacation.

The CTC Academy Medical Clearance form may be utilized or your child's health care provider can use their own form or letterhead. Information required for a medical clearance includes:

- Diagnosis of the medical evaluation
- Date student may return to school
- Details of restrictions (or stating no restrictions).
- Date of follow up appointment or end date the restrictions (if applicable)
- Any diagnostic testing and the results of testing (i.e. X-rays, scans, viral/strep testing, etc.)

Restrictions for activities and therapies: Physical/occupational/speech/feeding therapy, adaptive physical education, yoga, swim programs are all aspects of our program that require knowledge of restriction in order for your child to participate. If there are no restrictions, it is important to have your health care provider specifically write "no restrictions" on the medical clearance. If there are restrictions, they should be listed and the date of the follow up visit when restrictions will be re-evaluated should be provided.

Significant medical events, such as surgery or prolonged illness will require a parent phone call with Carol Anne Chupak, Head of Health Services and Laura Bejot, Head of Therapy Services to ensure smooth transition back to school. Medical clearance must be submitted prior to your child's return to school. Please email the document to cchupak@ctcacademy.org or fax to the Health Offices: Oakland 201- 644-2223/Fair Lawn 201-791- 1504.

The campus nurses are always available to review medical clearance requirements with you. Head of Health Services, Carol Anne Chupak, is also available for any medical questions or consultation at 201-612-5677 x 2410 or email cchupak@ctcacademy.org.

Restrictions for Activities and Therapies

In certain situations, it will be necessary to have your child's healthcare provider outline if there are any restrictions for your child. For example, physical/occupational/speech/feeding therapy, adaptive physical education, yoga, and swimming are all aspects of our program that require knowledge of restrictions in order for your child to participate. Examples of when this information is required include, but are not limited to, emergent orthopedic evaluations, head injuries, surgeries/procedures, or if requested by the campus nurse. Even if there are no restrictions, it is important to have your healthcare provider specifically write "no restrictions" or "may resume all



usual activities.” If there are restrictions, please indicate the date of the follow-up visit when restrictions will be re-evaluated.

In the cases of a significant medical event such as surgery/procedures, emergent orthopedic evaluation, bone fracture/suspected fracture, head injury, etc., phone call by the parent/guardian with Carol Anne Chupak, Head of Health Services, is required to ensure a safe transition back to school.

Prior to your child’s return to school, all clearance information can be emailed to cchupak@ctcademy.org or faxed to the Health Office. The campus Health Office fax numbers are Fair Lawn: 201-791-1504 or Oakland: 201-644-2223.

The campus nurses are always available to review medical clearance requirements with you. Head of Health Services, Carol Anne Chupak, is also available for any medical questions or consultation at 201-612-5677 x 2410 or email cchupak@ctcademy.org.

Universal Precautions

To ensure the health of all students and staff, CTC Academy follows Universal Precautions. These are basic hygiene measures necessary to prevent contact with blood-borne pathogens and potentially infectious material in order to reduce the risk of occupational exposure and disease transmission. Program staff receive training annually and it is practiced throughout every aspect of the school program. All staff and visitors are also required to follow these guidelines while engaged in work or activities with the students of CTC Academy during program hours.

Pest Management Plan

The CTC Academy is dedicated to ensuring a safe, healthy and clean learning environment for our students and staff.

As part of a school pest management plan, the school may use pesticides to control pests. The United States Environmental Protection Agency (EPA) and the New Jersey Department of Environmental Protection (DEP) register pesticides to determine that the use of a pesticide in accordance with instructions printed on the label does not pose an unreasonable risk to human health and the environment. Nevertheless, the EPA and DEP cannot guarantee that registered pesticides do not pose any risk to human health, thus unnecessary exposure to pesticides should be avoided. The EPA has issued the statement that where possible, persons who are potentially



sensitive, such as pregnant women, infants and children, should avoid unnecessary pesticide exposure.

- A. The IPMC maintains the product label and material safety data sheet, when available, of each pesticide that may be used on school property;
- B. The label and data sheet is available for review by a parent, staff member, or student attending the school; and
- C. The Integrated Pest Management Coordinator (IPMC) is available to parents, and staff members for information and comment.
- D. A list of any pesticide that is in use or that has been used in the last twelve months on school property is available for review at each school location.

Please direct any questions to the Integrated Pest Management Coordinator (IPMC):

Cara Rogerino at crogerino@ctcacademy.org (Oakland Campus)

Sue Brand at sbrand@ctcacademy.org (Fair Lawn Campus)

Animal Encounter

On occasion, the CTC Academy hosts animal encounters including visits from certified therapy dogs and petting zoos. During the encounters, we work on social, emotional, and/or cognitive goals. Please indicate your permission for your child to engage in these activities by signing the universal permission slip form which is sent home annually with the health packet. Please contact your classroom teacher with any questions.

Oral Hygiene Program

As part of our student health program, each family has the option for their child to participate in a daily oral hygiene care program. We are following recommendations made by a pediatric dentist to use small, soft-head toothbrushes and fluoride-free toothpaste (i.e., safe to swallow). With caregiver permission, each participating child will be assigned their own personal toothbrush and toothpaste for daily care after each meal.



Sensory Experiences

Sensorimotor play or “sensory play” is any activity that stimulates your child’s senses, which include touch, smell, taste, sight, hearing as well as movement and balance.

The benefits of sensory play include:

- Builds essential nerve connections between sensory receptors located in the skin, nose, tongue, eyes, and ears to the brain
- Supports language development
- Develops gross and fine motor skills
- Assists children to learn about the world around them

Our students engage in daily sensorimotor play through participation in classroom activities and during the therapies that they participate in daily.

Examples of sensory play include, but are not limited to:

- Finger painting
- Sensory bin play
- Creating art projects with glue
- Smelling cooking spices
- Listening to music
- Tasting new foods

Please indicate whether or not your child can participate in these activities by signing the universal permission slip form (called “Permissions”) found on our website located in our “For Parents” section <https://ctcacademy.org/parent-portal/> and indicate if there are any allergies, skin reactions, or sensitivities to play materials listed on the following page (paints, oils, shaving cream, etc.). Parents/guardians are expected to report any changes in their child’s health status or allergies/sensitivities to the Health Office.

Sensory Materials

Dry	Wet	Mixed Textures	Foods That We Touch
Beads Baking soda/Baking powder Chalk Cotton balls Couscous Crayons Dirt Dot markers Dried beans Fabric – Textured fabrics Feathers Foam pieces Glitter Glue Grass/Flower Petals/Branches (artificial and real) Flower seeds Koosh balls Leaves (fake or real) Magnetic chips/toys Marbles Markers (scented) Mylar materials (shiny) Pipe cleaners Pom-poms Ribbon/Yarn Rice Rocks or pebbles Sand/Sandpaper Shredded paper Spices/Scents <ul style="list-style-type: none"> ● peppermint extract ● vanilla extract ● cinnamon ● nutmeg ● pumpkin pie spice ● lavender ● citrus Sponges Stickers Textured balls Tissue paper Uncooked pasta (wheat) Wikki stix	Contact lens solution Finger paint Fabric starch Glue sticks Hair conditioner Hair gel Ice cubes Scented oils School glue (Elmer's) Shaving cream Stamp pads Snow (artificial and real) Soap shavings Liquid soap Soap foam Washable paint (Crayola brand) Water/Sponges Water beads (Orbeez brand) Vanicream skin lotion	Blubber (dry, fluffy, soft, marshmallow-feeling substance made out of microscopic ceramic beads coated in a polymer.) Discovery putty Dough made from flour, salt and cooking oil Insta-snow Model Magic (Crayola) Mood mud Moon Sand (Kinetic Sand) Play-doh (brand name) Oo-blek/Gak (cornstarch and water) Sands Alive Silly string Theraputty	Flour Eggs Oatmeal Coffee grinds Marshmallows Oatmeal Mashed potatoes Kool-aide Food coloring Pudding Pasta Coffee grinds Jello Applesauce Canned pie filling (lemon, lime, cherry, pumpkin) Fruits Vegetables Herbs (rosemary, thyme, basil, mint)



CTC Academy Contact Information

Main Number: (201) 612-5677

Anne Ogden, Executive Director	Ext 2111 aogden@ctcacademy.org
Cara Rogerino, Principal	Ext 2108 crogerino@ctcacademy.org
Jesse Green, Assistant Principal	Ext 2016 jgreen@ctcacademy.org
Keiara Lewis, Office Receptionist	Ext 2102 klewis@ctcacademy.org
Laura Bejot, Head of Therapeutic Services	Ext 2107 lbejot@ctcacademy.org
Carol Anne Chupak, Head of Health Services	Ext 2410 cchupak@ctcacademy.org
Kimberly Martiak, Social Worker	Ext 2109 kmartiak@ctcacademy.org
Audra Hoffman, Director of Development	Ext 3227 ahoffman@ctcacademy.org