



Allergen Management Policy (Reviewed May 2023)

All food allergies have the potential to cause a health related crisis. For example, a child with a serious peanut/tree nut allergy can suffer a reaction merely by touching or smelling a peanut/tree nut-containing food. Therefore, please adhere to the following safety guidelines:

- Parents are required to annually complete the Health History Allergy Profile, Tasting Permission Slip (distributed by Speech Therapy Dept), and Sensory Material Permission Slip (distributed by teachers). Parents are asked to update the Campus Health Office of any changes to this information throughout the school year. Staff is provided with updated copies of the list throughout the year.
- The classroom teacher will communicate with parents if there is a serious allergy concern within the classroom. Parents are asked not to send any foods containing the allergen. However, if a student is sent to school with (or staff member, private duty nurse brings to school) a prohibited product, the food will be stored in a separate refrigerator or room. The individual will need to eat the allergen containing food item in a separate classroom where there are no allergic students.
- Parents are asked and staff must wash the child's hands and face with soap and water after eating and change any food soiled clothing.
- There will not be any classroom projects that involve peanut/tree nut products or the allergic product.
- No homemade baked goods will be served to students. Only pre-packaged items are acceptable. The nutrition label needs to be on the item so staff can check for any allergens.
- No latex balloons or latex gloves are permitted inside school at any time. Mylar balloons are allowed.
- Allergy Action Plans written by the student's physician and emergency medications are kept in the Campus Health Office.

Allergic Reactions in the School Setting

Any child who experiences an allergic reaction (including dermatologic reactions) while at school will not be permitted to be transported home on the bus. Parents will be notified to pick up their child immediately and bring him/her home for continued observation. We encourage parents to contact their child's regular physician.



Any student sent home with a potential allergic reaction will require medical clearance by their physician in order to return to school. If the student requires EpiPen administration, EMS will be called immediately and the student will be transported to the nearest Emergency Room.

Other Food Related Topics:

CTC Academy recommends that you pay special attention to the food choices you select for your child, striving to create a meal that provides adequate representation from all of the food groups.

Please pay special attention to foods that may present a choking hazard to your child. Foods such as peanuts, fruit snacks/gummies, popcorn, hot dogs and grapes can easily block the airway. Please do not send these items to school, as we may not allow your child to consume it.

Staff will not serve students any expired food items, even if it is an item sent in from home. Parents are instructed that the school does not keep a stock of extra food, so please plan school snacks and meals accordingly.